

The Practice of Internal/Adult Medicine



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- Implicit Bias
- Patient Care and Communication
- Preop Evaluation
- Time Management
- Transitional Care Management/Hospital Follow Up

Clinical Approach



Preventive Care

- Breast Cancer Screening
- Cervical Cancer Screening
- Colon Cancer Screening
- Geriatric Topics
- Immunizations
- Lung Cancer Screening
- Preventive Care Mindset
- Prostate Cancer Screening



Common Chief Complaints

- Abdominal Pain
- Anorectal Complaints
- Back Pain: General Approach
- Back Pain: Management
- Chest Pain
- Constipation
- Diarrhea
- Gastrointestinal Bleeding
- Dizziness
- Eye Complaints
- Ear Complaints
- Headache: General Approach
- Headache: Common Conditions
- Joint Pain

Leg Swelling
Pelvic Pain
Shortness of Breath
Rashes: Terminology, History & Exam
Rashes: The 8 Patterns To Know

Disease-based Approach



Cardiovascular

Atrial Fibrillation
Cardiovascular Disease Risk Assessment
Coronary Artery Disease
Dyslipidemia
Heart Failure
Hypertension: Screening
Hypertension: Diagnosis, Workup, & Treatment
Palpitations/Arrhythmias
Peripheral Vascular Disease



Dermatology

Acne
Psoriasis
Rosacea
Skin Cancer
Topical Corticosteroids: Side Effects & Prescribing Considerations
Topical Corticosteroids: Potency, Vehicle, & Strength
Wound Care: General Approach, Acute Wounds, Venous/Arterial Ulcers
Wound Care: Diabetic Ulcers, Pressure Ulcers, Wound Dressings



Ear, Nose, and Throat

Allergic Rhinoconjunctivitis
Hoarseness



Endocrine/Metabolic

Diabetes: Screening, Diagnosis, and Treatment
Diabetes: Additional Management & Complications
Obesity
Osteoporosis/Low Bone Mass: Screening and Diagnosis
Osteoporosis/Low Bone Mass: Treatment
Thyroid Disease



Gastrointestinal

- Abnormal Liver Function Tests
- Gastroesophageal Reflux & Peptic Ulcer Disease
- Irritable Bowel Syndrome
- Nonalcoholic Steatohepatitis & Cirrhosis



Hematologic/Immunologic

- Abnormal CBC
- Anemia
- Deep Vein Thrombosis & Pulmonary Embolism
- Iron Deficiency



Infectious Diseases

- Hepatitis C
- HIV: Screening, Diagnosis, & Initial Management
- HIV: Health Maintenance, PrEP, & PEP
- Pharyngitis/Tonsillitis
- Pneumonia
- Rhinosinusitis
- Skin & Soft Tissue Infections
- Sexually Transmitted Infection
- Tuberculosis
- Upper Respiratory Infection/Influenza
- Urinary Tract Infections/Pyelonephritis



Musculoskeletal

- Acute Musculoskeletal Complaints: General Approach
- Acute Musculoskeletal Complaints: Shoulder
- Acute Musculoskeletal Complaints: Elbow
- Acute Musculoskeletal Complaints: Wrist & Hand
- Acute Musculoskeletal Complaints: Hip
- Acute Musculoskeletal Complaints: Knee
- Acute Musculoskeletal Complaints: Foot & Ankle
- Autoimmune Conditions
- Fibromyalgia
- Osteoarthritis
- Pain Management: General Approach To Chronic Pain
- Pain Management: Chronic Pain Specialist Referral
- Pain Management: Nonopioid Analgesics

Pain Management: Opioids - Initiation & Monitoring

Pain Management: Opioids - Aberrance & Tapering



Neurology

Dementia: Screening & Diagnosis

Dementia: Management

Peripheral Neuropathy: History and Physical Exam

Peripheral Neuropathy: Diagnosis, Management, and Referral

Stroke & Transient Ischemic Attack in Primary Care



Pulmonary

Asthma

Chronic cough

Chronic Obstructive Pulmonary Disease

Obstructive Sleep Apnea



Psychiatry

Attention Deficit Hyperactivity Disorder

Anxiety Disorders

Crisis Management/Suicide Risk

Insomnia

Depression



Addiction Medicine

Alcohol Use

Drug Use Disorders

Tobacco Use & Cessation



Genitourinary/Renal

Chronic Kidney Disease: Definition, Screening, and Workup

Chronic Kidney Disease: Managing Co-morbid Conditions

Chronic Kidney Disease: Complications

Urinary Incontinence



Women's Health

Abnormal Uterine Bleeding & Dysmenorrhea

Contraception

Menopause

Polycystic Ovarian Syndrome

Preconception Planning

Vaginitis



Men's Health

- Benign Prostatic Hyperplasia
- Low Testosterone
- Prostatitis
- Sexual dysfunction
- Testicular complaints

Procedural Fundamentals



ECG Interpretation

- Basic ECG Interpretation
- Common STEMI Patterns
- Pulmonary Embolism
- Syncope (Case 1)
- Syncope (Case 2)
- Syncope (Case 3)
- Syncope (Case 4)



HEENT

- Flourescein Staining



Lacerations

- Simple Wound Repair



Musculoskeletal

- Ankle Arthrocentesis
- Arthrocentesis Tips and Tricks
- Joint Injection Tips and Tricks
- Elbow Arthrocentesis
- Knee Arthrocentesis
- Shoulder Arthrocentesis
- Wrist Arthrocentesis



Soft Tissue

- Ingrown Nail Removal
- Paronychia
- Subungual hematoma