

# HIPPO

## EDUCATION

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### Facing Death in the Time of COVID-19 (Recording Date: May 15, 2020)

**Summary:** How are you coping with all of the death around us these days? In this Hippo Education update, Primary Care RAP host Dr. Neda Frayha interviews Dr. BJ Miller, a hospice and palliative care specialist at the University of California, San Francisco whose TED talk on what really matters at the end of life has been viewed over 10 million times. Along with Shoshana Berger, Dr. Miller is the co-author of the book, [A Beginner's Guide to the End: Practical Advice for Living Life and Facing Death](#) and founder of the Center for Dying and Living. In this conversation, he helps us come to terms with our own mortality and provide better support to our patients at the end of life.

**Tags:** Palliative Care, Infectious Diseases (ID)

**Sample Tweet:** Death is top of mind for all of us these days. So we were \*thrilled\* to speak with palliative care expert @bjmillermd about how to cope with mortality & better help our patients at the end of life. His wisdom is deep, lovely, and especially relevant in this #COVID19 era.

#### References:

Miller BJ, Berger S. *A Beginner's Guide to the End: Practical Advice for Living Life and Facing Death*. New York, New NY: Simon & Schuster; 2019.

Miller BJ (2015). What Really Matters at the End of Life. Retrieved from [https://www.ted.com/talks/bj\\_miller\\_what\\_really\\_matters\\_at\\_the\\_end\\_of\\_life](https://www.ted.com/talks/bj_miller_what_really_matters_at_the_end_of_life).

The Center for Dying and Living. <https://www.thecenterfordyingandliving.org>